

# **Affirmations for Health, Wealth and Happiness**

1. I begin each day with gratitude.
2. I am grateful for my healthy body.
3. I am happy, healthy and wise.
4. I make good decisions.
5. I appreciate the miracle of my body.
6. My body is strong and healthy.
7. I enjoy healthy food.
8. I get plenty of restful and energizing sleep.
9. I deserve to be healthy.
10. My daily habits reinforce my good health.
11. I make healthy choices and respect my body.
12. I love and appreciate my body.
13. I am worthy of a healthy body.
14. I make my health a priority.
15. I love being healthy.
16. I strive for harmony and balance in all I do.
17. I am at peace.
18. My life is in balance.
19. I release the past and welcome the future.
20. I am at peace with my life.
21. I fill my mind with positive thoughts.
22. I invite happiness into my life.
23. I radiate happiness.
24. I love to laugh.
25. I am grateful for all I have.
26. I enjoy my life.
27. I am open to give and receive love.
28. I step into abundance every day.
29. I am open to receive good things.
30. I manifest all I seek.
31. Wealth and prosperity flow easily to me.
32. I am grateful for all I have.
33. Money flows easily to me.
34. I use wealth to create a better life.
35. I have a positive relationship with money.
36. Every dollar I spend and donate comes back to me times ten.
37. I give myself permission to be wealthy.

- 38. I use my wealth to make the world a better place.
- 39. I naturally attract good things into my life.
- 40. I am a being of light.

Don't forget to follow us on Youtube!